



From your Executive Director

Jenny Warner

Those who bring sunshine into the lives of others, cannot keep it from themselves" according to James M. Barrie who was best known for writing the play, Peter Pan.

I was reminded of this quote when I read all the wonderful nominations for our Employee of the Month that recognizes exemplary Widows Home staff members who serve our residents so well. This month, we welcomed staff members to nominate other staff members and I was very pleased to see so many nomination slips in the box from coworkers recognizing the caring work of other coworkers. Please stop by the new bulletin board by the Salon which highlights just a few of those submitted, including those for our September Employee of the Month, Dawn Dozier, 3rd shift STNA.

We are now into our 2nd month of the Perfect Attendance fall incentive. For those employees, dietary staff included, who have perfect attendance for the months of August, September, October and November, their names will be entered into a drawing for a \$250 award to be paid in early December – just in time for holiday shopping. We can't wait to award this prize!

Among all the other things happening at the Widows Home this fall, September is the month that the grant-funded community program called the East Dayton Senior Collaborative begins. The Del Mar and CareSource Foundations provided grants enabling the Widows Home, the Life Enrichment Center and Community Church to run programs in our facilities for seniors living in northern East Dayton. Every other Tuesday, starting September 9th, you will see many senior community members in our Home attending workshops, health & wellness events and recreational activities in the Shaw Pavilion. The Widows Home is thrilled to have the opportunity to take the lead on this important new initiative for seniors in our neighborhood.



What Can We Learn From John Wooden

By Steve Dunson

John Wooden had a long career as a basketball coach including 27 years as Head Coach at UCLA from 1948 to 1975. He won 10 national championships, 7 national championships in a row, and 88 games in a row. His performance was perhaps the most remarkable of any coach, in any sport, in any place, and at any time. In other words, he may have been the best sports coach in human history.

Over more than 10 years, John Wooden developed a Pyramid of Success with 15 blocks. This pyramid relates not just to coaching, but to life in general. It is perhaps his greatest legacy. The first foundation block of the pyramid is Industriousness. There is simply no substitute for hard work... "no trick, no easy way." We simply have to have the self-discipline to do what needs to be done to perform at our level of competency.

The second foundation block is Enthusiasm. He believed, "Your energy and enjoyment, drive and dedication will stimulate and greatly inspire others." This enthusiasm will make the effort to be industrious all that much easier to accomplish. The last three foundation blocks are Friendship, Loyalty and Cooperation. Friendship he saw as working within a team as "comrades-in-arms," loyalty as being "true to those you lead," and cooperation as having the "utmost concern for what's right rather than who's right."

These five foundation blocks: Industriousness, Enthusiasm, Friendship, Loyalty and Cooperation are personal characteristics that we should all develop to function the best we can whether we are working on a long-term care or other type of team.

Next time we will review five more blocks of the Pyramid of Success. I encourage you to Google "John Wooden videos" and hear the man for himself. There is a 55 minute one that is called, "Values, Victory and Peace of Mind" which is particularly good. It is well worth the time. E-mail me at dunsons@widowshome.org with any feedback. I would like to hear it.

To be continued next month.

Resident of the Month



***Juanita
Clark***

Juanita was born in Wolf County KY and was one of four children. Her father was a sheriff. She was married twice. Her first husband died in the service and her and her second husband separated after 19 yrs . She worked at Inland for 8mths but decided to waitress instead because she could make more money in tips which she did for 42 years. Juanita enjoyed dancing, and hanging with her friends. She loves to play bingo, and joins in almost all of our activities here. Juanita is always willing to help and really enjoys talking with new residents and making them feel comfortable here. She is a big help with folding laundry items and watering the plants outside. She loves Jewelry and getting dressed up.

Employee of the Month

Dawn Dozier has been at the Widows Home for six years. Dawn said her job as a 3rd shift STNA is very rewarding. She enjoys having the feeling of being dependable to all the residents. Dawn is often told that the residents wish she was able to work all day and every day. She brings the residents of the Widows Home great joy when she is on the job.

The staff that work along the side of Dawn say that she is helpful to anyone in need and a pleasant person to be around.



***Dawn
Dozier***



From our recycling efforts in just the past 3 months, the Widows Home has generated 2,632 pounds, yes POUNDS, of recycling! This has generated \$78.79 in proceeds that will be donated to the Activities department to help bring programs and services to the residents and patients of our Home. What a good feeling to know that our cardboard, cans, plastic bottles and newspapers have not just gone into the dumpster, but have been turned into something far more useful. Thanks to everyone who take the extra step to deposit recyclables into our special containers.

September 18th



Residents & Staff are invited to join in on the celebration of National Cheeseburger Day Thursday September 18th from 11:30-1:30. The Widows Home will be hosting special activities and cheeseburgers for lunch. **All** staff and residents are invited to join in on the fun.



The next Widows Home of Dayton mandatory In-Service training is Thursday September 18th 2:30-4:00 in the dining room. **In-Services are mandatory for all staff and will be paid. For any staff who are absolutely unable to attend, materials must be picked up and read by the end of the month in order to receive credit for that month's education.**



Just keepin it real...